

COACHES FORUM

FOR THE EXCHANGE OF COACHING NEWS AND VIEWS

(FROM NATIONAL STANDING COMMITTEE FOR COACHING)

No. 12 NOVEMBER 2006

LIMPOPO COURSE

A very successful Club Coach course has just been completed in Nylstroom (now Modimolle) with 14 candidates completing the main part of the course. With just the post course project to complete it looks as though we will be shortly welcoming these 14 people into our coaching fraternity.

Another very positive outcome of this course was the true assessment of the candidates capabilities in coaching genuine pupils. The organisers and local club members invited their friends and neighbours to come along for a couple of hours to act as beginners. It was gratifying to see the green filled with 14 coaches and 16 "pupils". At the end of the session some six or seven of them expressed enough interest in the game to buy the booklets on Etiquette and the Introduction to Bowls. In all probability the club will now have these people as new members – a very positive outcome for all concerned.

Well done Limpopo.

NATAL COURSE

Another very successful course was held at Westville recently when Port Natal and KZN Country combined with a total of 26 candidates. These, combined with the new Limpopo coaches are going to swell our ranks with good quality coaches. The other benefit will be that they have all undergone the revised Club Coach course and will be better equipped to handle some of the challenges ahead. Congratulations to the organisers again, with the combination of the two districts forming the nucleus of the Regional Bowls Academy for Natal.

There are still the candidates from the course in Western Province to be added together with those coming through from the course in Eastern Gauteng. We are certainly gaining some high quality coaches and look forward to working with them in the future.

FUTURE COURSES

At the time of going to press we have the following information regarding upcoming courses.

Refresher Course – Bowls Gauteng North, at Lynwood, January 18th 2007.

Club Coach courses are planned for Sables in January, Border in March and possibly Gauteng sometime early in the year.

It is also planned to hold a one day course for District Standing Committees with dates still to be arranged. This course will be run on either a District or Regional basis depending on numbers and other criteria.

The upgrade course for 2007 will be announced in January with applications closing in February. It is hoped that the Practical Assessment of this course will enable the Distance Learning Course to be completed by mid year.

A training course for Academy Coaches is also planned once they have been appointed.

The positive feedback and suggestions we have received from those courses already held has been most helpful and we would like to thank all those people concerned – well done to you all.

DATABASE

We are fast approaching that time of year when the database returns are sent in. May we appeal to all district standing committees to ensure that only the

official form is used and that all details are recorded as requested. It is planned to add the coaches club to our database in order to highlight those areas that require coaching assistance. We thank you in advance for your co-operation in this important exercise.

SOME TRIVIA

An interesting comment or observation has recently come across our desk. In 1988 in the American Lawn Bowls Association magazine, the following appears :

“As you know, because of the shape of the bowl, your forehand and backhand grips are different. This could be the reason for the illusion, or sensation, that the bowl is heavier when held by one grip over the other”.

Now there is something to think about !!

DID YOU KNOW ?

That a game exists in Australia called “Ring Bowls”.

The bowls are made of wood and are six and a half inches in diameter. They have an internal cavity of four inches and the running edge of the bowl is nearly one and a half inches, with one side slightly bevelled. One side of the bowl has five or six holes drilled into it to a depth of about one inch and these are filled with lead. This gives the bowl it's “bias”. The mark or Jack is three inches in diameter, flat and about an inch thick.

As the “bowl” travels in a circular motion the game is played on rinks that are 18 feet wide and a maximum length of 60 feet. The object of the game is for the bowl to encircle the jack and it then become a “ringer”.

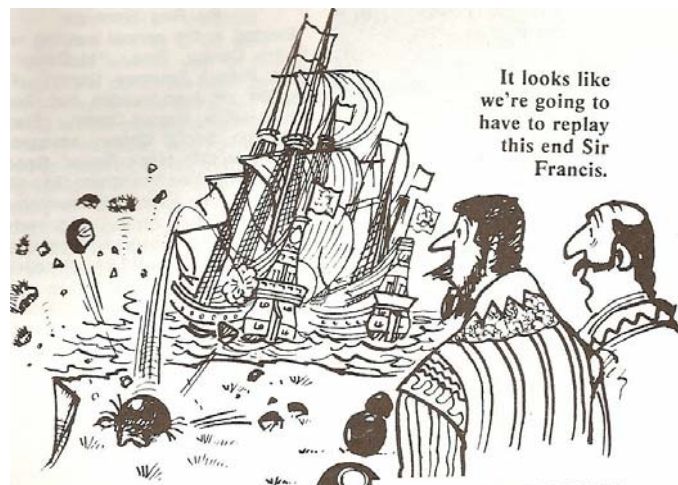
If anyone would like to have more details of this game please contact us.

In our next issue we will give you little more history about our wonderful game and maybe dispel a few myths at the same time.

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Once again we appeal to all coaches, and bowlers, to send in contributions to this newsletter. Please tell us if you find it of interest or suggest other items to be included in future issues.

TALEPIECE



REMEMBER

**LETS WEAR OUR BADGE AND
PLAY THE GAME WITH PRIDE**