SA bowls’ future blooms in Bloemfontein

By Alan Simmonds, Media Officer Bowls South

With Bloemfontein penciled-in as venue for the Warwick Wealth/Bowls South Africa Under-25 Interdistricts Championships and the BowlsSA Under-19 Development Tournament, the weather decided to co-operate this year. The standard of bowls was mind-boggling.

In the end, the powerful Boland A U-25 side, which would not be out of place representing their district in open competition, as predicted won easily (retaining their title) from Port Natal A, with Northern Free State A and Sables enjoying bronze medal status.

The U-25 event was not the one-sided affair everyone imagined, although Boland A was most impressive in Section Blue, Sables A ran them close, going down overall only on shot difference. The emergence of Border was most encouraging.

In the play-offs Boland dominated, but Port Natal, winners of section A, could not be denied and deservedly won their place in the final – Paul White the exciting Port Natal skip was voted the event’s top player.

The U-19 title went to KwaZulu-Natal A from Ekurhuleni A; bronzes going to Border A and JBA A. Well done to Proteas Jenny Jones who managed the silver medal Ekurhuleni side and Nici Nel with bronze winners Sables A, an SA Singles champion – that is what is called “putting back.”

Players of the U-19 event were skips Chris Botha (Boland) and Bridget Calitz (Limpopo).

The Plate Trophy went to Limpopo A from JBA B and Natal inland A (last year their B team won the main event). Good news for their future, since Limpopo’s Open and Senior districts sides had a torrid time a month before, ending last in every division they contested.

Such ability, composure and intensity in those so young can be ascribed in no small way to dedicated coaches throughout South Africa who blend such attributes and impress those who constitute the future of our sport what is required.

More than 200 of South Africa’s leading young lawn bowlers competed - no fewer than 17 young men and women in the U-25 event had already represented their provinces at the national Masters Championships, several winning medals – Boland’s Anneke Snyman, player of the event last year at Margate, went on to win a magnificent bronze medal in the Open division they contested.

The editor thanks Roe Wiid, Paul Cohen for information and assistance; Pieter Rossouw for photos
Women’s Masters in Johannesburg - in both Open and Junior categories; several also play inter-provincial bowls for their senior sides.

Orangia Bowling Club, Bloemfontein, its roots dating back to 1926, hosted matters which began with traditional national flag raising and the singing of the anthem by a trio from Western Province A team - Esona Tyeda, Ezile Mkhosi and Darren Erens. Their excellent rendition was greatly appreciated by all.

Southern Free State Bowls Association was welcoming, to the point and encouraging and, as usual, did its utmost to ensure all ran smoothly. All concerned - administrators, greenkeepers, technical officials, scorers and especially the catering department, did a great job.

Said Bowls SA president, Allan Freeman: “Youth is the key to the future of all sporting codes. For bowls, hitherto tagged as a sport for the aged, an injection of brilliantly talented youngsters puts South Africa on the front foot in its search for continued dominance of world bowls events. Everything will be done to ensure the legacy of bowls and its value to the community at large is maintained.”

[The SFS’s tournament committee convenor Brian Jones was incapacitated during the event and regrettably has since died. BSA Newsletter and its staff offer condolences to his family and friends on the loss a great worker for bowls - Ed.]

The U19s played three games of 15 ends on the first two days followed on the third day by a single match before lunch to decide which teams would be in the play-off for gold, silver and bronze. This was followed by all those teams not in the play-offs playing for the Plate award.

The standard of play was exceptionally high and enthusiasm prevailed, leaving those who attended for a first time, be they managers, coaches and especially BSA executives, left aware of a great future for bowls in SA. It was vital to nurture the enormous talent available.

Discussions did take place during the tournament both at executive and management level on how to possibly improve format, taking into consideration some maturity disparity – say 12-year-olds v 18-year-olds.

Final log standings:

U-25: Red Section: Port Natal A 14 points, +74 shots; NFS A 11, +5; WPB 9, +11; Ekurhuleni A 8, +20; JBA A 7, -4; Eden A 7, -11; Boland B 7, -29; SFS QA 5, -7; KZN A 2, -57. Blue Section: Boland A 16, +95; Sables A 16, +80; EPA 12, +5; Gauteng N A 10, +19; SFS B 1, +8; WP A 8, +5; NW A 8, -6, Ekurhuleni B 6, -7; Mpumalanga A 3, -86; KZN B 1, -87.

[Rowan Watkins (SFS) and Aimee Schnetler (KZN), each 16, who skipped in their respective U-19 district sides, have been selected to represent SA in Samoa – see article this newsletter … Ed.

From the president’s desk:

Nationals vital to club bowls in South Africa

I had the pleasure of attending the Bowls South Africa Under-19 Tournament and Warwick wealth/BowlsSA Under-25 Interdistricts Championships in Bloemfontein. Happily I can report there was a marked increase in entries for both events, this vindicating the decision to earmark this central venue for the annual competitions. With costs being so high, anything to make travel and accommodation for viable is foremost in BowlsSA’s decision making.

We were treated to a high standard of bowls and it was a pleasure to watch children as young as 10 years of age playing in such a skilled and focused manner – rest assured the sport is alive and well in South Africa.

The Warwick Wealth SA National Championships will be held this month - the men play in Ekurhuleni and the women visit Port Elizabeth. While entries are not as large as hoped, there is little doubt financial and leave constraints are a huge factor. Nevertheless, entry levels appear to have stabilised and I and my executive believe the national play a vital role for all communities and all clubs in South Africa.

The bonding and exchange of ideas and friendships are endearing and enduring factors. BowlsSA wishes all participants and organizers good bowling and fellowship.

As I write this message, the 2014 SA Masters champions Nic Rusling (Cape Town) and Colleen Piketh (Johannesburg) are playing in the World Cup Singles in Australia, again we wish them good hunting in an extremely competitive event.

Allan Freeman
President, Bowls SA
May 2015
Scotland's Ryan Burnett and Australia's Kristina Krstic struck gold on Australia's Gold Coast at the world junior singles championships at the Broadbeach Bowls Club, writes Dave Allen, editor, Inside Bowls.

Ironically, both were silver medallists last time around, with Krstic, the richly skilled young West Australian, not only winning this year's singles gold, but she also combined with Sydney's Ben Twist to claim the mixed pairs crown.

Burnett, who many believe to be the best under-age bowler on the planet, finished the singles competition as the only undefeated competitor and avenged his last year's loss.

He defeated brilliant Malaysian youngster Izzat Dzulkeple 21-15 in the final, while Krstic defeated great friend, roommate, and last year's winner, Chloe Stewart 21-16 to galvanise her second gold medal for the day.

Earlier Australia's Twist and Krstic won the world junior mixed championship after a hard-fought 18-end encounter against New Zealand's Sheldon Bagrie-Howley and Katelyn Inch.

It all came down to the final delivery of the final, when the Aussies lead 18-15, but the gallant New Zealanders held a match lie with four counters on the head, that Twist played a brilliant drive to remove two of the Kiwi bowls for a single shot victory.

Twist and Krstic made their way into the main event after defeating hot favourites Kevin Anderson and Lesley Doig from Scotland in the previous day's semi finals, while further up the green Bagrie-Howley and Inch outgunned reigning world singles champions Dylan Fisher and Chloe Stewart from Australia to claim their berth.

Sadly, Doig's run of outs continued on the final morning when she was eclipsed by Krstic in the women's singles semi finals, while in the corresponding eliminator Stewart positioned herself for consecutive title bids by defeating Malaysia's Auni Kamis.

However, Malaysia did secure a start in the blue ribbon men's singles final when its livewire young star Dzulkeple (pronounced 'zull kep-pel') came from behind to out big Kevin Anderson, the current Scottish senior singles champion, while Burnett, who lost to Fisher last year, made short work of brilliant young Japan representative Kenta Hasebe.

Ryan Burnett's gold medal was a proud family achievement for the 21-year-old Arbroath youngster, whose older brother Darren is the reigning Commonwealth Games singles champion and won last year's WBT world indoor singles crown. Kristina Krstic etched her name into the sport's history books as first to clinch both international junior titles in one year.

Amid a star-studded field of combatants from 12 nations, the 19-year-old Western Australian joined forces with Twist to secure the mixed pairs title in an edge-of-your-seat blockbuster against traditional rivals New Zealand.

Leading by three shots, but four in arrears on the head, with just his last bowl remaining, Twist became the hero of the nation when he drove out two NZ counters to surrender just two and secure victory by the narrowest of margins.

A few hours later, Krstic again reached the pinnacle of under-age bowls, but at the expense of defending titleholder and fellow Australian Chloe Stewart.

Following Krstic's comprehensive 21-1 win against Scotland's Lesley Doig in the semi-final eliminator, and Stewart's 21-9 victory against Malaysia's Auni Kamis on the opposite side of the draw, the stage was set for a rematch of last year's gold medal play-off.

However, this time around the outcome panned out differently after Krstic's 21-17 loss just four short months ago. The youngster produced a withering opening burst to be 9-0 up after four ends, and although Stewart actually recovered to catch and actually overhaul Krstic, the West Australian applied full power again to run out a comfortable 21-16 winner.

A hearty pat on the back to the 12 nations that sent representatives to the event and an open-armed invitation to other countries to join in and send their best young prospects to Broadbeach next March when the 2016 championships will be staged.

Likewise to the team at Broadbeach who conducted these championships in a highly professional and friendly manner — no stone was left unturned in ensuring the competition and all associated facets ran like clockwork.

This year's championships featured teams from Australia, Canada, Cook Islands, Hong Kong China, Ireland, Japan, Malaysia, Namibia, New Zealand, Scotland, USA and Wales.

For those who came in late, the world junior championships, for players aged between 18 and 25, went into hibernation in 2011 after Australia's Ben Twist and New Zealander Claire McCaul prevailed at Warilla, south of Sydney.
Over the previous seven years, Australia (5) and New Zealand (2) dominated the women’s competition with Aussies Lindsey Arbitrage collecting successive titles in 2005 and 2006, Melanie Macaulay likewise in 2007 and 2008, along with Sam Channahon in 2010, while Kiwi Genevieve Baildon punctuated the Australian sequence with her victory in 2009.

The men’s event had seen Australia and Scotland winning twice, with current Aussie superstar Aron Sherriff in 2008 and Twist, along with Scots Wayne Hogg in 2006 and Craig England in 2009, while Ireland’s Barry Kane saluted in 2007, as did NZ’s Andrew Kelly in 2010. Malaysia’s Safuan Said, who won the world outdoor singles title in 2008, was the inaugural junior champion in 2005.

Scores:

Men’s Singles:
Sec.1: Final standings: Kevin Anderson (SCO) 14 points +64 shots, Kenta Hasebe (JPN) 12 +54, Max Cavender (USA) 8 +24, Dylan Fisher (AUS) 8 +12, Shane Leonard (IRE) 6 -37, Sheldon Bagrie-Howley (NZL) 4 -9, Taiki Paniani (CKI) 2 -36, Arthur Lam (HKG) 2 -72.

G.1: Men Sec.2: Final standings: Ryan Burnett (SCO) 14 points +62 shots, Ben Twist (AUS) 12 +66, Izzat Dzulkeple (MAS) 10 +41, Ross Owen (WAL) 8 +31, Euan Wong (NZL) 6 -4, Jacob Schuknecht (CAN) 4 -28, Waylon Wentzel (NAM) 2 -63, James Tang(HKG) 0 -105.

Elimination finals: Hasebe d Cavender 21-6, Dzulkeple d Twist 21-17.

Final: Ryan Burnett (Scotland) d Izzat Dzulkeple (Malaysia) 21-15.

Women’s Singles:
Sec.1: Final standings: Chloe Stewart (AUS) 14 points +52, Kelly Richards (AUS) 12 +49, Auni Kamis (MAS) 10 +29, Katelyn Inch (NZL) 6 +4, Olivia Yu (HKG) 6 -10, Priscilla Westlake (CAN) 4 -33, Kathleen Mataio (CKI) 2 -43, Kimberley Harrison(SCO) 2 -48.

Sec.2: Final standings: Lesley Doig (SCO) 10 points +56 shots, Renee McPharlin (AUS) 10 +35, Kristina Krstic (AUS) 10 +32, Selina Goddard (NZL) 8 +4, Vivien Yip (HKC) 8 -6, Nicole Toomey (NZL) 6 -5, Ysobelle White (WAL) 4 -2, Mizuki Matsumura (JPN) 0 -114.


Semi finals: Stewart d Kamis 21-9, Kristic d Doig 21-1.
Final: Kristina Krstic (Australia) d Chloe Stewart (Australia) 21-16.

Bright new stars named for Junior Commonwealth Games in Samoa

Scores:

Men’s Singles:
Sec.1: Final standings: Kevin Anderson (SCO) 12 points +51 shots, L Doig, K Anderson (SCO) 10 +6, S Goddard, E Wong (NZL) 8 +32, M Matsuura, K Hasebe (JPN) 8 -1, Y White, R Owen (WAL) 6 Sq, A Lam, V Yip (HKC) 6 -33, W Wentzel, (NAM) K Richards (AUS) 4 -31, R McPharlin (AUS), M Cavender (USA) 2 -24.

Sec.2: Final standings: K Krstic, B Twist (AUS) 12 points +43 shots, K Inch, S Bagrie-Howley (NZL) 12 +32, K Harrison, R Burnett (SCO) 8 +18, A Camis, D Dzulkeple (MAS) 6 -15, T Paniani (CKI) 4 -3, O Yu, J Tang (HKG) 4 -23, P Westlake, J Schuknecht (CAN) 4 -34.

Final: Kristina Krstic, Ben Twist (Australia) d Katelyn Inch, Sheldon Bagrie-Howley (New Zealand) 18-17.

Note: [Bowls South Africa decided it financially prudent that instead of sending two youngsters plus a coach/manager to Australia to compete, to rather spend the money on 10 and create (to be annual) an International Quadrangular with South African, Zimbabwean and Namibian national teams; the move proved a great success. (Editor, BowlsSA Newsletter)]

Mixed Pairs:
Sec.1: Final standings: C Stewart, D Fisher (AUS) 12 points +51 shots, L Doig, K Anderson (SCO) 10 +6, S Goddard, E Wong (NZL) 8 +32, M Matsuura, K Hasebe (JPN) 8 -1, Y White, R Owen (WAL) 6 Sq, A Lam, V Yip (HKC) 6 -33, W Wentzel, (NAM) K Richards (AUS) 4 -31, R McPharlin (AUS), M Cavender (USA) 2 -24.

Sec.2: Final standings: K Krstic, B Twist (AUS) 12 points +43 shots, K Inch, S Bagrie-Howley (NZL) 12 +32, K Harrison, R Burnett (SCO) 8 +18, A Camis, D Dzulkeple (MAS) 6 -15, T Paniani (CKI) 4 -3, O Yu, J Tang (HKG) 4 -23, P Westlake, J Schuknecht (CAN) 4 -34.

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USA representative Max Cavender rocked Dylan Fisher’s title defence on the morning of Day 1 when he dished out a 21-8 beating to the young Australian, while Kenta Hasebe from Japan also claimed the points against Fisher in the fifth round to effectively stifle the possibility of back-to-back championships.

The following day provided spectators with three outstanding finals and a marvellous medal presentation ceremony presided over by World Bowls president John Bell.

Then, it was time to let their hair down; these guys and gals really know how to party.
**Warwick Wealth in Excellent Health**

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**Alberton and Warwick beat the weather**

A three-day event Sponsored by Warwick at Alberton over the Easter Weekend saw bowling of a high standard with quite a few interdistrict players taking part, writes Warwick Sports Officer Theo Scheepers. The weather was “iffy”, but the players stuck it out in true spirit and eventually things improved and a wonderful tournament was enjoyed by all. A Ridge Park BC team skipped by Bob Elliott won the event.

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**Bright bowls at Twilight Trips**

A well supported Warwick Wealth “Twilight” Trips saw Durban Wanderers' Steve van Rooyen, Jackie Freeman and Richard Hendicott emerge best of 24 teams over six weeks, writes Stuart Milligan (Lifestyle Network Manager).

Unfortunately rain affected three of the six Friday evenings - one being washed out - which extended the tournament for a week. Conrad Clifford (Regional Specialist) also attended. The event attracted teams mainly from host club Bluff, Wentworth and Durban Wanderers. Lucky draw Warwick umbrella winner was Port Natal selector Dave Le Roux.

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**Ladies turn out for ‘Miss Mini’ event**

Warwick sponsored a women's event - Miss Mini Tournament - at Colbyn/Oostelikes, Pretoria over the Easter weekend, well supported by 22 teams from in and around Pretoria. Warwick Investment Specialist Pierre van Zyl also attended and met and conversed with participants.

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**Andrew and team make it a double**

BUSY TIME: Action on the green when Warwick paid a visit to Maraisburg BC with no fewer than 80 players taking part, WRITES Theo Scheepers (Sports officer).

The winners were from Delville/Germiston, skipped by Andrew Barrow - for a second successive year.
The popular Warwick “Super Sunday” afternoon tournament at Umhlanga (KZN) was decided by the last bowl delivered with a rub of luck, writes Stuart Milligan (Lifestyle Network Manager). The 99rd of 24 mixed fours competed two games of 10 ends each, the winners decided just as the heavens opened. Within moments the greens were under water and all hastily retreated to the shelter of the clubhouse. After a welcome from the tournament organiser, Warwick Regional Manager, Conrad Clifford, presented the winners and lucky draw winner with their prizes.

RAIN BEATERS: Mannie Chettiar, Herel Holberg, Sandy de Gier, Naomi Chettiar

BAG LADY: Dot Bissell with Conrad Clifford at rainy Umhlanga

Sedibeng heroes at Warwick tourney

Warwick sponsored a Vanderbijlpark BC (Sedibeng) weekend trips event and all thoroughly enjoyed themselves, writes Warwick Sports officer, Theo Scheepers. No fewer than five of eight men players who won gold at the SA interdistricts took part - well done; great sportsmanship

GOOD SPORT: Chris Kryshaar, a skip for the Sedibeng interdistricts side which won gold at the Open in Durban, (front) during play at Vanderbijlpark

Warwick travels west to Yserfontein

THE CHAMPS:
Winners at Yzerfontein on the Western Province West Coast: from left: Warwick Sports Officer, Brian Yarwood with, champions Antoinette Burger, Elzaan Pienaar, Grace Carstens, Hennie van Rensburg

WINNERS: Johnny Meyer, Anne Payn, Ty Ferguson (club president), Chris Jacobs, Derick Celliers.

Tight call down by the rivers

A hot, humid afternoon was experienced by the 36 club members that participated in a drawn tournament sponsored by Warwick at Umntentweni, KwaZulu-Natal, writes Stuart Milligan (Warwick Lifestyle Network Manager).

Ryan Fleming (Warwick Wealth Specialist) also attended... Umntentweni is a small coastal resort town between the Mzimkulu River (the great home of all rivers) and the Mtentweni River (named after a species of grass that grows on its banks). It is situated in the Hibiscus Coast and is a quiet residential resort; an attractive destination for people aiming to leave city life.

The 15-ends skins format tournament went down to the wire - being decided on the last end. Chris Jacobs and team finished as winners with 10 points, +32 shots, from Doreen Ferguson's team on 10, +8. Jacobs' team managed to score on the last end to secure full points; had he failed Doreen would have won. After a short presentation/prize giving a wonderful supply of snacks was provided to all in attendance.

WINNERS: Johnny Meyer, Anne Payn, Ty Ferguson (club president), Chris Jacobs, Derick Celliers.

SO CLOSE: Karen Delaney, Dumisani Madlala, Doreen Ferguson, with Ty Ferguson.
Warwick Wealth’s Tabs-in event at the East London BC with 40 players from nearby clubs competing was a cracker. The tournament began at 2:30pm in perfect weather – even the wind dared not disturb the afternoon. There was an air of sun about the day; it was perfect for a game of bowls. In a light-hearted atmosphere with Brian Hayward club president and his vice Henry Sutherland to the fore, time was well spent. Roger Rudy (Hamilton) was winner of a bowls bag draw.

Wind stays away for Warwick in East London

SUNNY DAY: Fun in the sun at East London BC

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BOWLS SOUTH AFRICA EVENTS CALENDAR 2015

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
<th>DISTRICT</th>
<th>VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>16-24 May</td>
<td>Warwick Bowls SA Men’s National Championship</td>
<td>Ekurhuleni</td>
<td>Edenvale</td>
</tr>
<tr>
<td>16-24 May</td>
<td>Warwick Bowls SA Women’s National Championship</td>
<td>Eastern Province</td>
<td>PE</td>
</tr>
<tr>
<td>10-13 June</td>
<td>SA Mixed Pairs Championship</td>
<td>Boland Bowls</td>
<td>Hermanus</td>
</tr>
<tr>
<td>26-27 June</td>
<td>Transformation Camp</td>
<td>Ekurhuleni</td>
<td>Edenvale</td>
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<tr>
<td>30 July - 2 August</td>
<td>International Quadrangular</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14 – 16 August</td>
<td>National Camp</td>
<td>JBA</td>
<td>Wanderers</td>
</tr>
<tr>
<td>29 August</td>
<td>Workshop</td>
<td>Ekurhuleni</td>
<td>Edenvale</td>
</tr>
<tr>
<td>30 August</td>
<td>AGM</td>
<td>Ekurhuleni</td>
<td>Edenvale</td>
</tr>
<tr>
<td>12 - 13 Sept</td>
<td>SpecSavers : Bowls SA Pro10 Pairs</td>
<td>JBA</td>
<td>Wanderers</td>
</tr>
<tr>
<td>Dist Discretion</td>
<td>Family Day</td>
<td>ALL</td>
<td>ALL</td>
</tr>
<tr>
<td>30 Nov – 13 Dec</td>
<td>Atlantic Championships</td>
<td>Cyprus</td>
<td>Paphos</td>
</tr>
<tr>
<td>16 – 22 Nov BC</td>
<td>World Singles Champion of Champions</td>
<td>Queensland Aus</td>
<td>Helenvale</td>
</tr>
</tbody>
</table>
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Comment from National Standing Committee for Coaching

Firstly, please all, please all take note of the contents of BSA Circular 23 dated April 16. A Level 3 course is planned for November, the details of which will shortly be published. The purpose of mentioning the circular is that we need to know coaches upgraded will be employed at the level of competence and qualifications. There is nothing more frustrating than holding a qualification and being unable to utilise it

As your new editor, this leads me to the next topic - the National Standing Committee for Coaching (NSCC), as well as District Standing Committees for Coaching (DSCCs) being faced with the problem of encouraging coaches to upgrade via coach to coach (refresher) courses within the four-year period laid down, not by BSA, but by SASCOC.

Under legislation to be promulgated next year, all active coaches in SA will be regulated as a profession and be registered with SASCOC - the designated authority for coaches. The number of designated coaches will be controlled and monitored by sports federations (BSA) and reported to SASCOC and SRSA based on data supplied by all DSCCs. The standards and norms for designation will be laid down in that legislation.

Coaches who qualify under the current dispensation have a qualification for life, but are not necessarily designated. This coaches’ qualification, however, cannot be revoked; it is for life.

BSA will be the controlling body for the designation of all bowls coaches; such designation being registered with national sports bodies. Should designated coaches not comply with laid down rules, or bring coaching into disrepute, they could become liable to have their designation revoked. Such revocation would bar them from coaching at any level.

We (NSCC) anticipate publishing a Forum every two months. The version published between the one in the BSA Newsletter may be shorter, but will be there. This is in answer to a number of DSCC requests.

From the pen of the Master

THE BIG 'R'

Why is it some days we play outstanding bowls, but on another are all over the place? The reason is we have lost timing. Without timing there is no rhythm; why does this occur?

A common reason is the backswing is too fast. If this happens the forward step speeds up giving less time for delivery. Backswing and step are linked – a slow backswing automatically slows the forward step, affording more time for delivery. This is a common fault and easily rectified. Slowing the backswing and getting timing right results in good rhythm.

Graham.

NEWS FROM AROUND THE COUNTRY
**BSA Masters 2015 - Food for thought for coaching.**

A coach’s role during competition is often underplayed. Conversations with two Proteas - Susan Nel and Colleen Piketh - highlighted the fact that this should not be the case. Each indicated a coach on the bank is almost equivalent to an additional member of the team; my own experience detailed below supports this attitude.

**ASHLEIGH PARKS – Gold Medallist**

I first met Ashleigh at the Junior Elite Camp in June 2007 at Rustenburg Bowls Club. There were 33 young players attending. The coaches on the scene observed grip, stance and delivery, as well as style, consistency and pre-delivery routines, searching for future talent.

I spent a bit of time with Ashleigh who was holding her bowl at full stretch, level with her shoulder. I persuaded to use the more conventional Clinic Method with the elbow tucked in to her side and the forearm parallel to the ground. I do not remember attempting to alter the remainder of her delivery in any way.

Since then I kept an eye on her progress, and maintained the new stance without reverting to her original stretched arm stance. This new stance was not seen as a problem. She won a silver medal at the Junior Masters in 2014, at which time I offered her my coaching services for the 2015 Masters when I said she would win gold.

We began serious work in October 2014 with the upcoming International Quadrangular Tournament in mind. Ashleigh would be playing the singles for the Junior BSA side in this tournament.

After a few minor adjustments to her delivery our efforts now centered on focus and concentration which Ashleigh admitted was a bit of a problem. I gave her two exercises to do on a regular basis, one of which she found worked for her. In fact she carried out the exercise while in the airport departure lounge for Namibia - much to the amusement of team members.

In Namibia Ashleigh played and won her three singles games of singles - 21-4; 21-8 and 21-14 respectively. She thus won the singles gold medal for the U25s against Open players from South Africa, Namibia and Zimbabwe.

Because of inclement weather, league and other commitments on both our parts, our meetings became erratic, but we were able to pick up the tempo again in the second half of January. Once gain the emphasis was on mind rather that technique, which remained excellent. Ashleigh had named one player as her nemesis, to which I responded she should always play the game, not the name. We then concentrated on the ‘not so often played’ shots and head reading for singles until a week before the SA Masters.

Friday, February 13 – was the big day. Ashleigh’s scores were 18-21 and 21-11 on day one. On Saturday the scores were 21-8 and 18-21. While she was rather down on herself we agreed the section remained wide open and she had the best shot aggregate. All she now had to do was win the last sectional game against the leader in her section.

On Sunday Ashleigh was her usual sunny self and demonstrated it by playing two outstanding games. The first score was 21-13. This gave her a shot aggregate difference of plus 25 going against the background of three players with two points each and the leader on three points at the start of the final last game of the sectional play.

Ashleigh then won the final 21-13 to win the Junior Masters Gold Medal. On the way to this achievement she beat the player she had named as her nemesis - an achievement in itself. To say that Ashleigh and I were over the moon would be an understatement. She had achieved her goal and I, in my way, was instrumental in that achievement.

Did my coaching make a difference? Emphatically YES. Ashleigh stated that my presence on the bank made her feel less lonely in a game that is always seen as the loneliest game in bowls. I was able to guide her on a few occasions where her focus was off and her delivery suffering. I believe my guidance made the difference between her losing focus and being able to maintain concentration and confidence.

An example of the assistance a coach can supply to the player is an incident in the Sunday morning game Ashleigh was 9-2 down after four or five ends. On the next end each players had a bowl adjacent to the jack, with Ashleigh lying shot and the last bowl to play. She looked at me for advice and shook her head. I agreed and she declared her bowl. She went on to win the game - allowing her opponent only two more shots.
We at NSCC recommend all coaches endeavour to follow a similar path and thus enrich their coaching as well as helping to train potential champions.

KWAZULU NATAL COUNTRY BOWLS

ASPEN SHAW - the future of Bowls

Submitted by a justifiably proud parent

Attached is a photo of Aspen in a District shirt, - is an eager 10 year old. He has grown up next to the green and began practising when about 8. He began competitions from about the age of 9 and has just been awarded his U-19 KZN district colours.

He has even shed a tear when he has missed a game of bowls on a Wednesday afternoon because his school times changed and he had to school sport.

He was runner up in the Newcastle Bowling Club Novice Singles last year; as far as I know he is the youngest affiliated bowler in KZN.

I’m sure he is going to follow in his families footsteps and achieve more than we have in our bowling careers.

Samantha a Shaw

PORT NATAL BOWLS

Level 1 Coaches Course

A successful Level 1 coaches’ course was held at Durban Bowling Club in September, 2014. We congratulate the 16 coaches who successfully completed the course and received badges and certificates.

PORT NATAL MEN’S ACADEMY

As at February 02, 2015

Unfortunately there were a few who could not attend (District competitions) on the day the photo was taken. After disbanding the mixed Intermediate academy about two years ago I was approached by the men’s selection committee and Port Natal president to re-establish a men’s academy to run on the same lines as the ladies’ academy in operation for four years. Although in its infancy (this being our fifth practice) it is proving as successful as the ladies.’

There are 24 members and four reserves and we are still in the process of organising shirts for everyone - as can be seen in the photo. However by next month they will all be kitted in official colours.

Both Men’s and Ladies’ academies are now officially recognised by the Port Natal executive and all practice dates are carded on the Port Natal fixture list. Far more players are also now aware of the academies; numerous players are waiting seek entry.

Cheers,

Hazel Lillig
Level 2 (District) Coaching Courses
Two successful Level 2 coaches’ courses were held – one in George in November, 2014 and another in Johannesburg in January, 2015. The final results are not yet known, but are expected to be satisfactory.

Classroom at Outeniqua B.C.
George

On the green at Wanderers B.C.
Johannesburg

Closing Address: Level 2 Coaches’ Courses: January 2015 JBA

When you leave you will be empowered with the knowledge to fulfill requirements by a District Coach.

Having been involved for the past 10 years at national coaching level I’m concerned we have spent many hours in training coaches to assist PLAYERS at all levels without building the PROFESSION OF COACHING; for the past four years I have has been involved with SASCOC in development of LTPD and LTCP programmes. The LTCDP aims to regulate and control the standard of coaching in SA. Our courses are now with CATHSSETA for approval. A key feature of the coaching framework is to establish by next year a legislative framework for coaching. In moving towards this legislative frame work, a number of measures and programmes needs to be implemented to ensure the effectiveness of the Coaching Association of South Africa. The main focus for bowls would be for our registered coaches to complete a portfolio in recognition of prior learning.

However, we have neglected the development of the intellectual capacity of coaches - the development of our coaches to improve and their ability to make a difference in the lives of players, clubs and districts.

Coaches primary mission is to help players develop and to improve their skills and to help fulfill their aim and dreams. Therefore coaches require functional competencies that are informed by knowledge. Coach development is underpinned by effective behaviour, skills and attitudes, not merely by an accumulation of knowledge.

Irrespective of the sport, coaches fill a critical role. It is they who provide sport experience - no matter the level of competition. A coach significantly impacts on an athlete’s experience; rugby and soccer are good examples [Heineke Meyer for rugby and Bafana Bafana ]

Ask former sports personalities and they will often mention the significant role a coach played in their careers. The 1995 world rugby players had the greatest respect for Kitch Kristie. If you research the work of the world’s greatest coaches you will understand what they did separated them from others. Truly great coaches help athletes to continue to love what they did and encouraged them to pursue their dreams. They believed in their charges and made their journeys enjoyable. Such coaching facilitates personal growth, making excellence realistic.

The question is: How I as an individual coach intend raising the bar? How I’m going to increase my intellectual capacity to become the sought after coach? Once a coach enters this profession there is an obligation to expand knowledge and to remain up-to-date with development. Many self-educational resources are available, for example:

1. Purchasing of Books
2. Subscribe to newsletters and magazines
3. Study other coaches’ work:
4. Attend coaching conferences

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1. Purchasing of Books
2. Subscribe to newsletters and magazines
3. Study other coaches’ work:
4. Attend coaching conferences
5. Exchange ideas at regular coaches’ meetings
6. Create websites

Coaches must work at their profession just as other professionals do. They should be no different; it demands a lifetime of continuing education.

Let us start with this course to change the perception of our coaches

Kallie Haupt
BowlsSA vice-president and elite coach

The following article is a summary of the full one which may be obtained by contacting me, John Busschau at johnjill@telkomsa.net

Tips & Tricks for Running Successful, Effective Clinics

Part 1 – Planning, Resources & Set-up - Summary

CH Dixie

Here are mostly issues I learned the hard way – though mistakes. Hopefully they will help fast-track you.

1. Planning
   • As a coach, you will have long-term goals for yourself and your players – not just one 2-6 hour clinic! Make sure you are sure what you seek to achieve by the end of this session!
   • Start with WHO are the players and WHAT they should have accomplished by the end of the session.
   • Remember your process goals need to describe what you want to achieve during this clinic – not long term.
   • Also think about what you want to achieve.
   • Other issues to consider – time available, venue (inside/outside), available resources and catering needs.
   • Plan activities supporting goals and activities you can impart; not what you want, but what players want.
   • Think through how activities will work, flow and tie up effectively – returning or carrying bowls during skills training is a waste of time and energy.

The Explanation

People do not decline mentally with age, it sometimes, however, just takes them longer to recall facts, scientists believe. Much like a computer struggles as the hard drive becomes full, so, too, do humans take longer to access information when their brains are full.

Researchers say this slowing down process is not the same as cognitive decline. The human brain works slower in old age, said Dr Michael Ramscar, but only because of information stored over time. The brains of older people do not get weak; to the contrary, they simply know more.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, but nature’s way of making older people do more exercise.

SO THERE!!

I have other friends to whom I should send this, but right now I can’t remember their names. Please forward this to your friends; they may also be my friends.

NATIONAL STANDING COMMITTEE OF COACHES

Here is updated NSCC information – please feel free to contact your liaison member with any queries and/or issues regarding coaching and/or coaches in your districts. We await your calls!
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Tel</th>
<th>Fax</th>
<th>Cell</th>
<th>District Allocations</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Busschau</td>
<td><a href="mailto:johnjill@telkomsa.net">johnjill@telkomsa.net</a></td>
<td>0112566987</td>
<td></td>
<td>0829677740</td>
<td>N Cape, Sedibeng, Sables, N West, JBA</td>
</tr>
<tr>
<td>Jill Atkinson</td>
<td><a href="mailto:jillatkinson@bergmail.co.za">jillatkinson@bergmail.co.za</a></td>
<td></td>
<td>0867634729</td>
<td>0791317418</td>
<td>KZN Country, Natal Inland, Port Natal, Kingfisher</td>
</tr>
<tr>
<td>Con Dixie</td>
<td><a href="mailto:CHDixie@nmu.ac.za">CHDixie@nmu.ac.za</a></td>
<td>0415042213</td>
<td>0415049080</td>
<td>0822203707</td>
<td>WP, Boland, Eden</td>
</tr>
<tr>
<td>Heather Boucher</td>
<td>heboughmail.com</td>
<td>0866213082</td>
<td></td>
<td>0833100797</td>
<td>Border, EP, NFS</td>
</tr>
<tr>
<td>Brian Sayce</td>
<td><a href="mailto:sayso@sherwood.za.net">sayso@sherwood.za.net</a></td>
<td>0119747616</td>
<td>0865772884</td>
<td>0825705994</td>
<td>Ekurhuleni, Mpumalanga, Limpopo</td>
</tr>
<tr>
<td>Graham McKenzie</td>
<td></td>
<td>0114523802</td>
<td>0822374972</td>
<td></td>
<td>JBGN, NFS</td>
</tr>
</tbody>
</table>

**District Allocations (with exco liaisons):**

**JB**: N Cape, Sedibeng, Sable, N West (all Fred Kruis); JBA, (all Andy Strong)

**JA**: KZN Country, Natal Inland, Port Natal, Kingfisher (all Charles Levy)

**CD**: WP, Boland, Eden (all Kallie Haupt)

**HB**: Border (Allan Freeman); EP, SFS, NFS (all Rob Forbes)

**GM**: Ekurhuleni BGN, Mpumalanga, Limpopo (Andy Strong)(with BPS)

**BPS**: BGN, NFS (With GM)

All districts should forward DSC details to their relevant NSCC member to improve communications.

*Please send district news to John Busschau ([johnjill@telkomsa.net](mailto:johnjill@telkomsa.net))*
Clubs enjoying simple tabs-in boost

Tabs In! fast and Easy, computer-based application PC software now has users in Australia, Canada, New Zealand, England and most SA provinces; it also works well on Tablet. Owner Trish Neethling reports: “We are in our second year online. Smaller clubs are benefitting; biggest on the database has 216 members; smallest 33. The application helps avoid disputes social disputes and speeds the team compilation. A useful tip:

1. “Flag” your players behind their surname:
   Name: Alan
   Surname: Simmonds (S+)  
   Ranked position: Skip Plus
   Name: Trish
   Surname: Neethling (2)
   Ranked position: Second

2. Create “Ghost” players for visitors that you do not know and you quickly want to add them
   Name: VISITOR 1
   Surname: FEMALE (L)
   Ranked position: Lead
   Name: VISITOR 1
   Surname: MALE (L)
   Ranked position: Lead
   One can then pre-program a list of male and female players; write in names on the printout.

3. Use the Zipcode field for your Bowls SA number:
   Name: Alan
   Surname: Simmonds (S+)
   Ranked position: Skip plus
   Zipcode: 66545

The application costs $48 or R490 for 13 months. After 12 months you receive notification to renew your subscription.

August ’15 AGM at Edenvale

The 2015 BowlsSA AGM takes place on Saturday, August 29 at 1030am at Edenvale Bowling Club, Ekurhuleni. In terms of Clause 5 of the constitution, districts may nominate candidates the executive committee. The relevant clauses of the Constitution are:

5.1 Composition:
5.1.1 The executive shall consist of six persons.
5.2 Nomination for election:
5.2.1 Each year the executive and every district shall have the opportunity of nominating one person to each of the following positions, with no more than two (2) persons from one District serving on the Bowls South Africa Executive.
5.2.1.1 President.
5.2.1.2 Vice-president.
5.2.1.3 Executive member.
5.2.2 The same person may be nominated for each position, but shall not be elected to more than one (1) position.
5.2.2.1 The person(s) nominated for the position of president must have served at least two (2) years on the current executive. Where no candidate(s) are available, council can prevail upon the incumbent to remain for a further period of not more than one (1) year at a time.
5.2.2.2 The person(s) nominated for the position of vice-president must have served at least one (1) year on the current executive. Where no candidate(s) are available, council can prevail upon the incumbent to remain for a further period of not more than one (1) year at a time.
5.2.2.3 The term of office for a president to be no longer than three (3) consecutive years. Where no candidate(s) are available, Council can prevail upon the incumbent to remain for a further period of not more than one (1) year at a time.
5.2.3 Nominations for election to the executive shall be made on the official Bowls SA form which must be accompanied by the nominee’s CV.

Blog the day away

South Africa’s most experienced bowls writer has blogs to which you can address all your thoughts, ideas and gripes … this time someone WILL notice them. Alan Simmonds’ blog: got to WWW.warwickbowls.com and see thebowlsblog.com and please leave a comment.
Academy coaches – Level 3
BowlsSA advises academy coaches are responsible at district level to be involved with elite players and are expected to conduct district squad practices with the emphasis on the refinement of motor and mental skills, tactics of the game and team building. They should be involved with talent identification, clinics, and zone camps and to act as mentors for Level 1 and 2 coaches.

An academy coaches’ course to upgrade district coaches Level 2 is planned for November 2015 funded by Bowls South Africa. However, before inviting and considering applications from potential candidates for this course, it is necessary to first establish the need and to what degree the present incumbents are utilised by Districts.

Listed are details in respect of the number of existing academy coaches per district:

<table>
<thead>
<tr>
<th>DISTRICT</th>
<th>COACHES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boland</td>
<td>2</td>
</tr>
<tr>
<td>Border s</td>
<td>4</td>
</tr>
<tr>
<td>Gauteng N</td>
<td>6</td>
</tr>
<tr>
<td>Eden</td>
<td>4</td>
</tr>
<tr>
<td>Ekurhuleni</td>
<td>3</td>
</tr>
<tr>
<td>Johannesburg BA</td>
<td>5</td>
</tr>
<tr>
<td>Kingfisher</td>
<td>3</td>
</tr>
<tr>
<td>KwaZulu-Natal</td>
<td>1</td>
</tr>
<tr>
<td>Limpopo</td>
<td>1</td>
</tr>
<tr>
<td>Port Natal</td>
<td>3</td>
</tr>
<tr>
<td>Western Province</td>
<td>5</td>
</tr>
</tbody>
</table>

- Districts are requested to confirm these coaches are engaged in activities for which they have been trained.
- Districts should identify the need to train additional academy coaches and those districts with Level 2 coaches only are requested to indicate future requirements.

In view of the high cost involved in training Level 3 coaches, consideration is being given to the possibility of such coaches to enter into an agreement to be actively involved in coaching for a period of three years. Your views regarding this possibility would be appreciated.

Bowls SA is obliged to strictly adhere to the terms and conditions of The National Long Term Players and Coach Development Programmes of SASOC. It is a requirement that the co-operation and support of our districts to establish structures to deal with these programmes is implemented.

Your consideration of these matters and early your responses before or by May 15 would be appreciated.

Responses and further information;
Kallie Haupt at haupt4@telkomsa.net

Transplant tejo
The World Transplant Games will be held in Mar del Plata, Argentina from August 23-30. When the Games are held in Commonwealth countries, bowls is always a discipline, but as these games in Argentina instead they will have petanque and tejo (flat bowls) – both a form of bowls, the latter played in Argentina. Hermann Steyn, executive secretary, SATSA will report. More on tejo in June newsletter.

Affiliation fees – 2015
From: May: R120; June: R105; July: R90; August: R75; September: R60; October: R45; November: R30; December: R15.

Bowls South Africa Price List–As at September 2014

<table>
<thead>
<tr>
<th></th>
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<tr>
<td>1</td>
<td>Markers Guide for Beginners / Merkers Gids vir Beginners</td>
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<td>2</td>
<td>An Introduction to Bowls / Inleiding tot Rolbal</td>
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<td>3</td>
<td>Laws of the Sport of Bowls / Wetten van Rolbal</td>
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<td>The Etiquette of Bowls / Rolbal Etiket</td>
<td>R20.00</td>
<td>R15.00</td>
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<td>5</td>
<td>Better Greens Breed Better Bowlers / Greens Improvement Programme</td>
<td>R25.00</td>
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<td>6</td>
<td>Technical Official &amp; Markers Log Books / Wettenstafel &amp; Merkers Log Books</td>
<td>R15.00</td>
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<td>Coaches Log Book</td>
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<td>Development Guidelines / Ontwikkelingsreglemente / Bestuursreglemente</td>
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<tr>
<td>14</td>
<td>Green Keeping Level 1 / Groenhouding Level 1</td>
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<td>15</td>
<td>Lawn Bowls : Greens Management / Rolbal : Groenbeheer</td>
<td>R300.00</td>
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<tr>
<td>16</td>
<td>Play Bowls / Rolbal</td>
<td>R60.00</td>
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<tr>
<td>17</td>
<td>Walk the Line DVD</td>
<td>R50.00</td>
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<tr>
<td>18</td>
<td>SA Masters DVD</td>
<td>R50.00</td>
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<td>19</td>
<td>Coaches Reference Manual - Hard Copy / Wettenstafels, Referentiehandleiding</td>
<td>R300.00</td>
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<tr>
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<td>Replace lost /stolen badges including postage / Vervang verloren/Ondergedompelde borden inbegreep postagem</td>
<td>R35.00</td>
<td>BSA 2014</td>
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Please order items through your district office.