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To: EXECUTIVE COMMITTEE  
PROVINCIAL PRESIDENTS  
PROVINCIAL SECRETARIES  
DISTRICT PRESIDENTS  
DISTRICT SECRETARIES  
MEDIA

16 January 2024

### CIRCULAR 05 / 2024

### SAIDS FORM FOR UPCOMING TOURNAMENTS

Attached please find South African Institute for Drug Free Sport (SAIDS) documents for completion which are required for the upcoming tournaments, Inter Districts and Nationals. (Masters forms have all been submitted). Kindly read below and adhere to the requirements.

1. The Acknowledgement/Compliance Form v2 is the form to complete even if you are on no chronic meds.
2. If you are taking any medication, then follow the link:  
<http://www.drugfreesport.org.za/education-2/supplements-and-their-risks/> which gives a list of prohibited substances.
3. If any of your medication comes up showing prohibited, then you need to complete the SAIDS-TUE Application form with your doctor.
4. These completed forms should be uploaded on the BSA data base either by yourself or your district secretary.

**Process:** [www.bowlssa.co.za](http://www.bowlssa.co.za), click on Info Hub, Scroll down to BSA Membership Data Base, → Members Online, → Add my SAIDS Doc

**BOBBY DONNELLY**  
CHIEF OPERATIONS OFFICER